

Leaflet

KaRazym® Tablets

Dietetic product for people under particular physiological conditions who can profit from a controlled enzyme intake.

Enzymes are proteins which are involved in all processes in a living organism. Therefore enzymes are called "bio-catalysts".

Enzymes used in KaRazym® are protein splitting enzymes (proteases) from plants (papaya, pineapple) and animals (pigs). Classical food enzymes which are contained in KaRazym® support the body in different areas as

- Promotion of healthy joints and muscles
- Support of the immune system
- Influence of aging processes
- Support of wound healing and improvement of edema
- Strengthening of health

Especially beneficial for

- Sportsmen with intensive muscle strain, because enzyme supplementation shortens time for muscle restoration.
- Persons with a long lasting, high stress load to overcome physical stress
- Heavily obese persons to influence their metabolism positively
- In women e.g. menopausal women to ameliorate the effects of the hormonal changes

KaRazym® tablets are coated with a gastric juice resistant film to protect enzymes and their activity from the attack of gastric acid. The tablets are dissolved in the small intestine and there the enzymes are liberated.

In the production of KaRazym® enzymes of high activity are used, the activity per tablet is essential for the assessment of the quality.

One tablet KaRazym® (enteric coated) contains:

Bromelain	90 mg
Papain	120 mg
Pancreatin	25 mg (contains Trypsin, Chymotrypsin, Lipase and Amylase)
Rutin	50 mg

Total proteolytic activity: more than 1.800 FIP per tablet

Free of lactose, gluten, sugar and dye.

Ingredients:

Inuline, Bromelain, Rutin, Pancreatin, Papain; separating agent: microcrystalline Cellulose, Stearic acid and Talcum; cover: shellac, Carboxymethylcellulose-Sodium; aroma: natural Vanillin

Suggested Dosage:

The first three days: 2 x 3 tablets (6 tablets) per day,

Following dosage: 2 x 2 tablets (4 tablets) per day

The tablets should be taken preferably 1 hour before, or 2 hours after a meal with sufficient liquid.

Active ingredients related to daily dosage:

Daily Dosage 4 Tablets		Daily Dosage 6 Tablets	
Bromelain	360 mg	Bromelain	540 mg
Papain	480 mg	Papain	720 mg
Pancreatin*)	100 mg	Pancreatin*)	150 mg
Rutin	200 mg	Rutin	300 mg

*) contains Trypsin, Chymotrypsin, Lipase and Amylase.

Further data to **KaRazym®** tablets:

	100 g tablet weight	1 tablet
physiological calorific value	1200 KJ (287 kcal)	5,6 KJ (1,3 kcal)
Usable proteins	55 g	0,26 g
Usable carbohydrates	15 g	0,074 g
Usable fat	0 g	0,000 g

You should not take **KaRazym®** when you are taking anti-coagulants drugs like Marcoumar®.

Don't take **KaRazym®**, if papaya or pineapple causes allergic-type reactions.

Packages on sale:

KaRazym® 100 tablets

KaRazym® 200 tablets

KaRazym® 400 tablets

Do not use after the expiry date shown on the carton and blister.

Keep out of reach and sight of children.

Producer:

VOLOPHARM GmbH. Edisonstr. 2 A-4600 Wels

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Further informations on **KaRazym®** tablets can be obtained:

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